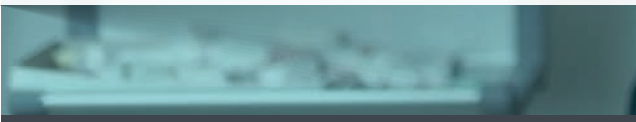




10.





Promotion of Health in all its Forms

Quirónsalud Foundation



Born to serve the community through education, research and social action.

Patients, associations of patients, their families and society in general – our motivation and a raison d'être.

The Quirónsalud Foundation was founded by the Quirónsalud hospital group out of a strong commitment to contribute to the improvement of society through the management and promotion of research and education, and through social action, which is consistent with the group's commitment to society and the community, and its dedication to the creation of value.

QUIRÓNSALUD FOUNDATION VALUES

- Transparency in the management of the Foundation and the programmes.
- Innovation in management and in the projects in which it participates.
- Commitment to people and our community, whether near or far.
- Economic, environmental and social sustainability: co-responsibility in our projects.

In 2017, Quirónsalud Foundation continued to participate actively in the Spanish Foundations Association (AEF), forming part of their Health Commission and Commission for Cooperation with Peru since 2015. The aim is to create synergies between the social action undertaken by the whole Quirónsalud group and those carried out by AEF.

Since 2016, the Foundation has also formed part of the Foundations Strategic Analysis Institute (INAEF), a project of the Spanish Foundations Association. This aims to produce and disseminate information regarding the Spanish foundation sector, thus reinforcing their capacity to serve society.

Likewise, the Quirónsalud Foundation is part of the Fundación SERES, whose objective is to promote social action as part of companies' business strategies.



10.1. Social Action

HIGHLIGHTS OF OUR ACTIONS 2017

- Fifth edition of the Programme of training placements in non-work placements for doctors and nurses from Equatorial Guinea, in collaboration with the NGO "Más que salud" (Healthcare and Beyond) and the Ministry of Health and Social Welfare in that country. The Quirónsalud Foundation promotes and coordinates these training placements in the participating Group Centres.

Also within the framework of the "Healthcare and Beyond" agreement, together with the Hospital Universitari General Catalunya, the Foundation presented an informative session to all the staff involved in this international cooperation project: The Hospital Universitari General de Catalunya's "Breaking boundaries in Specialist Teaching", project and teaching experience programme.

- We collaborate in the organisation of the IV Congress of Medical and Health Sciences, sending 4 doctors and 3 nurses on field placements, in the role of conference lecturers, workshop trainers, scientific working group moderators and quality auditors in healthcare procedures. They also provide analysis of the transfer of the learning acquired during the different editions of the training placements of the Guinean doctors and nurses in Spain to the Bata Hospital.



Group of Doctors and Nurses at the Bata Hospital, Equatorial Guinea

- With the help of the Tres Turons Association, Hospital El Pilar and the Quirónsalud Foundation collaborated in the programme "Special youth support projects", aimed at young people at risk of social exclusion, through the youth support programme of the Servei d'ocupació of Catalunya (Catalan Employment Service).



Diversity has become an essential issue throughout modern society. This diversity has visible, obvious manifestations: sex, race, origin, age and some disabilities or diseases.



We work to facilitate integration, relations and communication between different groups within these categories and the rest of society.

- Quirónsalud Foundation collaborated with the **Spanish Rare Illnesses Federation (FEDER)** as a charitable entity. This entity is the only body in Spain, and with presence throughout the country, which addresses the problem of all rare illnesses. The Quirónsalud Foundation collaborated with FEDER in the World Rare Illnesses Day campaign, in order to raise awareness, inform and provide training regarding rare illnesses. The aim is to transmit a sense of hope and the possibility of change, conveying the importance of the event and demonstrating how what we do today can impact the lives of people with rare illnesses in the future.



Another of the key objectives of this campaign is to put the situation of people with rare illnesses without diagnosis, on the agenda of Government and the media, as one of the Public Health main issues.

- Additionally, as part of our on-going collaboration with the **Fundación Recover**, QuirónSalud Foundation was involved in the paediatric anaesthesia healthcare training of a nurse from Cameroon. This was made possible by a two month placement in the paediatric anaesthesia department of the trading companies operating in the Teknon Centre (Anestalia) and Quirón Dexeus (DARYD).
- Once again this year, the QuirónSalud Foundation organised informative events in the Group's hospitals to mark the occasion of European Skin Cancer Prevention Day, which was held in June.
- We must also highlight also our collaboration in the "**Mutual Help Group**" Nutrition Workshop, organised by the **Spanish Association of Amyotrophic Lateral Sclerosis**.
- In 2017 we continued with the promotion of the book "**Friendship Therapy**", a charity book produced by the Quirónsalud Foundation, the Hospital Quirónsalud Barcelona and the Baselga Oncology Institute (IOB), with breast cancer patients and researchers. The opportunity to collaborate in the publication of this book, in which so many people have participated altruistically, has been an undoubted honour for the whole Foundation team.
- Important people from the world of culture and sports, signed copies of "**Friendship Therapy**" at **St. Georges' Day charity events**, celebrated on 23 April 2017.
- The Hospital Quirónsalud Palmaplanas and Quirónsalud Foundation joined forces for the event "**A Sea of Capabilities**", and we are now preparing the third edition. This initiative, organised by the Irene Villa Foundation, seeks to promote the **inclusion of people with disabilities, who are at risk of social exclusion, through a range of sporting activities**.



Friendship therapy

More than 80 children and their families gathered at the s'Arenal Yacht Club. In addition to sporting activities, staff from the Hospital Quirónsalud Palmaplanas offered a basic CPR (cardiopulmonary resuscitation) course for all those attending. They were taught the necessary skills to deal with emergency situations in a fun, hands-on way. What is more, the traditional charity drinks party was held. This was open to all the general public and all profits were donated to the participating organisations: Down's Syndrome Foundation and the Aid for Chad NGO.



This is an activity which demonstrates the commitment of the company and that both the Quirónsalud Foundation and the Hospital Quirónsalud Palmaplanas are very proud to play a part in, promoting the creation of a healthier, more just and responsible society.

- The Quirónsalud Foundation was co-sponsor of the 2017 Solidarity Gala "V We are One", an initiative undertaken by four organisations to raise funds for their foundation projects: Invest for children, Damm Private Foundation, Pasqual Maragall Foundation and Sant Joan de Déu Children's Hospital.
- We must also mention the collaboration of the Quirónsalud Foundation in the Albacete Fair, held from September 7 to 17, undertaking work to raise awareness regarding healthy habits and cardiovascular disease prevention.



Albacete Fair

10.2. Research into Medical and Healthcare Innovation

In the **research** field, we manage and promote the dissemination of different studies, projects and clinical trials, and collaborate actively in fundraising so that these may be conducted in order to foster the innovation of medicine and healthcare.

In 2017, we launched **more than 100 new research protocols** through Quirónsalud Foundation involvement at the Dexeus University Institute, Hospital Quirón Barcelona and Teknon Medical Centre, Hospital El Pilar and Hospital Quirón Zaragoza in various specialist medical fields. These include oncology, gynaecology, haematology, digestive system, fertility, anaesthesia, traumatology, cell therapy, ophthalmology, internal medicine and paediatrics, amongst other fields.

II National Applied Cancer Genomics Symposium, which aims to deal with the personalisation of patient treatment, in relation to their molecular characteristics. More associated specialist fields are required all the time, for example Clinical Genetics, Anatomical Pathology and Molecular Biology, which are becoming key to establishing correct treatment for patients with widespread cancer. The possession or otherwise of specific molecular markers can be decisive for diagnosis, prognosis and the establishment of timely treatment.





10.3. Education: Ágora Health Programmes and the New Knowledge Unit



In the field of education and dissemination of knowledge we contributed contents to the **Agora Health Programme and the New Knowledge Unit**, in which an open area has been created where staff and patients, patients' associations, their relatives and society in general, have the perfect scenario for sharing knowledge and expectations.

Some of the activities undertaken during 2017 and promoted by the Quirónsalud Foundation were:

- **VII Rett Syndrome Symposium: Research and Therapy - Keys to the well-being of the RETT group**, in collaboration with the Catalan RETT Syndrome Association. Every year, the RETT conference devotes part of its content to the updating of advances in research in this disease and to therapies which can improve the quality of life of the girls affected.

The contribution of the caregivers in the well-being of girls with Rett is fundamental: reference was made to their carers and aspects related to handling the girls movement, and ways of avoid injuries due to the physical effort involved, were addressed by expert physiotherapists.

- **Awareness Day in the prevention of cardiovascular risk on a daily basis.** The Quirónsalud Foundation, together with Hospital El Pilar of Barcelona, organised a day full of activities at which expert staff proposed ideas for what each person can do in their daily lives to prevent cardiovascular risk.
- The Foundation also participated in the **First Reflection Conference, regarding loss as part of our lives**, which was held at the Ciutadella Auditorium of the Pompeu Fabra University in Barcelona. To approach the social, ethical and professional side of mourning the loss of health it is necessary to get close to and understand

the person who is experiencing the illness. To feel fully supported, the person requires **trained professionals, with a perspective of respect, humanity and support, to help them recover their health.**

Society has made great advances in the diagnosis and treatment of illnesses, but we still come up against attitudes of over-protectiveness and walls of silence, which result loneliness, suffering and communication issue between the person with an illness, their relatives and staff.

Three experts, as well as the attendees, took part in the search for solutions to guarantee care which promotes professional satisfaction, but also the well-being, dignity and ethical protection of the person with an illness and their relatives.

- **11th Interdisciplinary Course for Paediatric Specialists**, with the aim of updating knowledge and presenting new tools for diagnosis and treatment in a range of specialist paediatric fields. For this purpose, speakers of international importance and a large number of paediatricians from the Catalan area were present.



Presentation VII Rett Syndrome Symposium

- **2nd Update Conference on Obstetric Analgesia "Walking (mobile) epidural"**, at which the range of current alternatives in obstetric analgesia we presented and the benefits of the "walking epidural" were explored in depth.
- **The XI Scientific Conference of the Aliaga Institute**, focusing on the pain associated with complex pathologies, as well as on the optimisation of increasingly personalised pharmacological therapies. In addition, management aspects related to the costs involved in the treatment of pain and the importance of sharing Medical Records with the public health service were addressed.
- **I Update Course in Otolaryngology for Paediatricians**, with the aim of updating scientific knowledge regarding the main topics related to children's otolaryngology, contributing to the exchange of experiences and knowledge amongst specialists and the continuous education of paediatricians, at a national level.
- With the collaboration of the Continentia Association, the Quirónsalud Foundation held the **4th Advanced Seminar for cases of uro-dynamics**, with a lecture with Victor Nitti, aimed at Urologists who are specialists in functional urology.

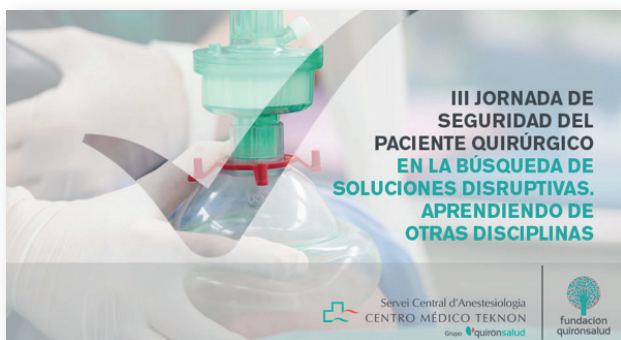


- This year, the Foundation organised the VI edition of the **Medicine and Bloodless Surgery Week. PBM: "Patient Blood Management (PBM): Evidence, Experience and Results"**. The Teknon Medical Centre and the Quirónsalud Foundation work together to raise awareness of the advantages of medicine and bloodless surgery. This involves the application of a range of strategies to optimise the patient's condition before surgery, during surgery, and once the surgery is completed, to avoid transfusions which can lead to unnecessary risks. The Teknon Medical Centre is a pioneer in the implementation of a PBM programme and, together with the QuirónSalud Foundation, these Scientific Sessions are held every year, with the participation of prestigious national and international lecturers.

- **7th Conference on ADHD**, at which scientific knowledge regarding one of the most prevalent disorders in Childhood and Adolescence Psychiatry and Psychology was updated: Attention Deficit Hyperactivity Disorder (ADHD).

Diagnostic and therapeutic advances based on scientific evidence were discussed, as well as all the accepted medical, psychological and educational aspects, which are the basic foundations of the treatment of ADHD. For adults, a study of the quality of life was proposed, based on their relationships.

- **III Conference on surgical patient safety: "In search of disruptive solutions. Learning from other disciplines."** The objective of this Conference, organised by the Teknon Medical Centre Anesthesia Service and the QuirónSalud Foundation, was to offer attendees, anaesthesiologists, surgeons, managers, hospital department managers, nurses, and all professionals involved as part of a cohesive team in general, possible solutions and ideas which help us to improve patient safety.



The multi-disciplinary nature of this conference was a great opportunity to hear how safety and procedural monitoring are approached in other fields, through

the experience of professionals from the aerospace industry, the merchant navy, the world of irrigation management. An overview of the importance of procedures when it comes to safety was also offered by a representative of a business school.

In addition, from this melting pot of experiences, we heard from professionals from the health sector who shared their experiences and advances in projects related to the subject with us.

- On the occasion of the celebration of the **European Cardiovascular Disease Prevention Day**, Quirónsalud Foundation and Quirónsalud Group held events in several Group hospitals aimed at the general public, with the aim of raising awareness among the population regarding the importance of acquiring healthy lifestyles which contribute to the prevention of heart disease.
- Quirónsalud Foundation and CardioDreams Foundation organised the presentation, at Teknon Medical Centre-Group Quirónsalud, of the book **"Music from the Heart." Tales of Healing" (Music of the heart, stories which cure.)** The profits from this book for charity will be entirely donated to projects aimed at promoting dissemination, care and training in the area of cardiovascular diseases carried out by the **CardioDreams Foundation**. Our collaboration with this Foundation makes great sense, considering that precisely one of the main causes of death in women is cardiovascular pathology.
- **Women and cardiology** are two of the main lines of action of the Foundation, and the focus of the lines of action of Quirónsalud Corporate Social Responsibility of throughout 2017. This aims to respond to the particular needs of women in society, who have a significant presence and a vital role, both within and outside the organisation, as those who are mainly responsible for the care of the family.

- Also focusing on women's health, the Hospital Universitari Sagrat Cor and the Quirónsalud Foundation organised a series of activities to **celebrate World Day Against Breast Cancer**. Amongst these, we must highlight the archery workshop for patients, as it has been demonstrated that the practice of this sport palliates side effects in patients who have undergone mastectomies. An information stand was also set up in the Hospital's lobby and aesthetic workshops were provided for the patients, as well as a healthy breakfast.
- In 2018, at Quirónsalud we will continue to offer a service and demonstrate our commitment to society. A commitment that we could not fulfil without the staff who make up our group and who, with the passion and dedication which they show day after day, lend us their



International Day for the fight against Breast Cancer

hands and their knowledge to become what we want to be: **the driving force behind a healthier, fairer and more responsible society.**



European Cardiovascular Disease Prevention Day



Annexes - I



Our Contribution to the SDGs

The **10 Principles of the Global Compact** and the **17 United Nations Sustainable Development Goals (SDGs)** mark out our roadmap to follow until 2030.

At Quirónsalud we are committed to this great common challenge and we align our actions in CSR with the contribution to those SDGs in which, due to our activity and our strategy, we are able contribute.

**APOYAMOS
EL PACTO MUNDIAL**



LOS DIEZ PRINCIPIOS de la Red Española del Pacto Mundial

DERECHOS HUMANOS

NORMAS LABORALES

MEDIO AMBIENTE

LUCHA CONTRA LA CORRUPCIÓN

- 1 Apoyar y respetar la protección de los Derechos Humanos.
- 2 No ser cómplices en la vulneración de los Derechos Humanos.
- 3 Apoyar la libertad de afiliación y la negociación colectiva.
- 4 Apoyar la eliminación de toda forma de trabajo forzoso o realizado bajo coacción.
- 5 Apoyar la erradicación del trabajo infantil.
- 6 Apoyar la abolición de las prácticas de discriminación.
- 7 Mantener un enfoque preventivo que favorezca el medioambiente.
- 8 Fomentar las iniciativas que promuevan una mayor responsabilidad ambiental.
- 9 Favorecer el desarrollo y la difusión de las tecnologías respetuosas con el medioambiente.
- 10 Trabajar contra la corrupción en todas sus formas.



The contribution of the Quirónsalud Group to the SDGs: Our progress in the 10 Principles of the Global Compact and our most important actions:

SDGs	WORLDWIDE PACT Principles	Quirónsalud's most important actions	RSC 2017 Report
	1,2,3,4,5 and 6	<ul style="list-style-type: none"> • Economic growth and creation of stable employment • Responsible procurement and contracting: local providers • Social action by the company (cooperation for development, collaborations with NGOs, donations, sponsorships) 	<p>Chapter 1 Chapter 5 Chapter 7 Chapter 9 Chapter 10</p>
	1, 2, 3, 4, 5, 6 and 10	<ul style="list-style-type: none"> • Care activity • Research and teaching • Promotion of health and healthy life habits • International cooperation: Collaboration with RECOVER • Collaboration with FEDER • Sports sponsorships • Strategic plan for occupational health and safety • Healthy Food Zone • Healthy Company • Promotion of health as one of the prime aims of the Quirónsalud Foundation 	<p>Chapter 4 Chapter 5 Chapter 8 Chapter 9 Chapter 10</p>
	1 and 2	<ul style="list-style-type: none"> • Quirónsalud Campus • Employee training • Our commitment to teaching: alliances with universities and business schools • Education as one of the prime aims of the Quirónsalud Foundation 	<p>Chapter 4 Chapter 5 Chapter 10</p>
	1, 2, 3, 4, 5 and 6	<ul style="list-style-type: none"> • 75% of women on our staff • Participation in equality promotion events: "Women, leadership and climate change" • International Women's Day Campaign • Sponsorship line focused on women and family: "Polar Challenge" and "Women's World" 	<p>Chapter 5 Chapter 8 Chapter 9 Chapter 10</p>
	1, 2, 7, 8 and 9	<ul style="list-style-type: none"> • Reduction of energy intensity • Use of renewable energy • ISO 50001 Certifications • Committee on energy efficiency • Unique energy provider • Expert advice on energy efficiency 	<p>Chapter 7 Chapter 8</p>

SDGs	WORLDWIDE PACT Principles	Quirónsalud's most important actions	RSC 2017 Report
	1, 2, 3, 4, 5 and 6	<ul style="list-style-type: none"> • Increase in business activity and consolidated income • New centres • International expansion • Creation of quality employment • Creation of new jobs • Collective agreement for 100% employees 	Chapter 1 Chapter 5
	3, 4, 5, 6, 7, 8 and 9	<ul style="list-style-type: none"> • Research and Innovation Plan. • Investment in infrastructures and improvement in our healthcare network • New equipment • Patent applications • ICT Projects • Sponsorships: scientific, academic and congress societies 	Chapter 4 Chapter 5 Chapter 6 Chapter 9 Chapter 10
	1, 2, 3, 4, 5, 6 and 10	<ul style="list-style-type: none"> • Good Corporate Governance and Compliance • Compliance and CSR Committee Adhesion to the Transparency and Good Governance Cluster (Forética) • Quirónsalud Group Ethics and Code of Conduct • Workplace inclusion for people with disabilities • 54 nationalities co-existing together • Good practices in LGBTI diversity • Responsible Purchasing and Contracting • Actions focused on groups at risk of social exclusion 	Chapter 2 Chapter 5 Chapter 6 Chapter 7 Chapter 9 Chapter 10
	1, 2, 7, 8 and 9	<ul style="list-style-type: none"> • Participation in the working group on the impact of climate change in cities (Climate Change Cluster) • #PorElClima Community • Employee mobility survey • Raffle of electric bicycles amongst employees 	Chapter 8
	7, 8 and 9	<ul style="list-style-type: none"> • Centres with ISO 14001 certifications • Reduction in energy consumption by activity • Environmental criteria in the acquisition of chemical products and contracting of services • Projects to promote the circular economy • Raising of awareness in good environmental practices and saving resources 	Chapter 5 Chapter 7 Chapter 8 Chapter 9
	7, 8 and 9	<ul style="list-style-type: none"> • Calculation of our corporate carbon footprint: GHG emissions Scopes 1, 2 and 3. • Reduction of use of fossil fuels at our Centres. • Energy efficiency. • Participation in the #PorElClima community initiative • Work with the Spanish Cluster against Climate Change (Forética) • Environmental awareness-raising for employees and hospitals • Corporative volunteering 	Chapter 7 Chapter 8 Chapter 9

SDGs	WORLDWIDE PACT Principles	Quirónsalud's most important actions	RSC 2017 Report
	1, 2, 3, 4, 5, 6, and 10	<ul style="list-style-type: none"> • Implementation of our risk management system • Good government • Compliance System • Compliance and CSR Committee • Quirónsalud Group Ethics and Code of Conduct • Signatories of the Global Compact • Adherence to the Transparency and Good Government Cluster (Forética) 	Chapter 2
	TEN PRINCIPLES	<ul style="list-style-type: none"> • Partnerships with numerous associations in the health sector, research and academic institutions • International cooperation projects (Fundación Recover) 	Chapter 4 Chapter 5 Chapter 8 Chapter 9 Chapter 10



Patrons of the Fundación Seres



Members of Forética (Climate Change Cluster and Transparency Cluster)



Generation and Talent Observatory Company Network



Partners in the Global Compact



ONCE Foundation Agreement



International Cooperation Commission Working Group in Peru.

With regard to our business sector and our strategic CSR lines, we have identify our greatest positive impact in the following five SDGs:

